

# Alcohol can stunt a teen's brain growth!

Spend time.  
At least 15  
minutes.

5'

Get to know  
all your  
child's friends.

4'

Review rules  
every few  
months.

3'

Set clear  
no-alcohol  
rules with  
consequences.

2'

Talk about  
dangers of  
underage  
drinking.

1'